




# Reminders:

- Right click on the name/phone number:
  - Please type your full first and last name
  - Include a dash that includes your county or indicate Kansas City, MO
- Please mute your microphone when not speaking.
- Feel free to use the chat option throughout the meeting.



# COVID-19 Updates and Coordination Call for Early Care and Education Providers

Kansas City Bi-State Region  
Children and Youth in Disasters (CYID) CDRN  
Subgroup  
Early Learning Education – Community  
Collaborative  
Monday, November 23, 2020



# **Welcome & Introductions –**

## **Jenny Brandt**

### **The Family Conservancy (TFC)**

Sponsored by the:

- Early Learning Education – Community Collaborative (ELE – CC)
- Children and Youth in Disasters (CYID) Community Disaster Resiliency Network (CDRN) Subgroup



## Early Learning Education – Community Collaborative

- Childcare Provider Representatives
- Children and Youth in Disasters (CYID) – Community Disaster Resiliency Network (CDRN) Subgroup
- Community Stakeholders
- Mid-America Regional Council (MARC) Early Learning & Head Start
- Public Health Departments
- Missouri & Kansas Childcare Licensing
- The Family Conservancy (TFC)

## Poll #1

In relation to current mandates or recommendations, I'm wondering about:

- Holiday considerations and events
- Identifying testing locations / opportunities
- The mandate changes by each jurisdictions
- All of the above

I have the following questions related to vaccines:

## Poll #2

- What are the different vaccines?
- What is the vaccination process?
- When will I receive the vaccine?
- How will I identify those families and children who receive the vaccine?
- All of the above

I have the following questions related to the holidays:

## Poll #3

- What is my personal risk?
- How do I make a choice on attending holiday events with loved ones?
- How do I say no to my loved ones regarding not attending holiday events?
- All of the above



## Community Disaster Resiliency Network (CDRN)

- What is the role and mission of the CDRN and the Children and Youth in Disasters (CYID) Subgroup
- Developing a Regional Plan for Response and Recovery efforts focusing on the needs of children, youth, their families, and those programs and organizations that serve them.



# Agenda

COVID  
Fatigue

Information  
and Updates

Jurisdiction  
specific  
discussions

## COVID Fatigue

- **Dr. Jennifer L'Heureux, PhD.,  
Department of Mental Health, Division  
of Behavioral Health**

# COVID Fatigue

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Jennifer L. L'Heureux, Ph.D.

Missouri Department of Mental Health

Division of Behavioral Health



# Definition of Burnout

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- “Exhaustion of physical or emotional strength usually as a result of prolonged stress or frustration” (Merriam-Webster)

# Current Circumstances

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- Schedules have changed and continue to do so
- Demands have changed
- No definitive end in sight
- Change is constant
- Constant barrage of negativity available via multiple social media outlets



# Quick Statistics

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- 58% of all U.S. workers reported burnout in August 2020 versus 32% in March
- Rates continue to increase!
- Suicide rates, domestic violence, financial hardships all continue to increase and are outpacing the available resources

# Common Concerns Associated with Burnout/Fatigue

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- 36% report sleep difficulties
- 32% are having eating difficulties
- 12% increase in alcohol and other substance abuse
- 12% are experiencing a worsening of chronic health conditions



# Warning Signs

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- Withdrawal
- Loss of interest in activities
- Feeling down
- Irritability
- Hopelessness
- Weight changes
- Changes in sleep patterns
- Thoughts of self-harm
- Feeling isolated
- Anxiety/worry
- Relying on substances to cope




# What Can I Do?

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- COVID-19 Distress Line: 1-800-985-5990
- Text, “TalktoUs” at 66746
- MOSHOWMEHOPE.ORG
- DMH Cares
- DMH.mo.gov/disaster-services/self-care
- Keep a regular routine
- Focus on what you can control
- Take breaks/celebrate successes
- Stay hydrated, exercise
- Turn off social media, TV
- Humor, funny videos
- Stay connected to whatever extent possible

- **Early Care and Education: National Landscape and Trends**
  - Julie Looper-Coats, Child Care Aware of America



View from the  
National  
Perspective





# Child Care Aware of America

Overview and Resources



# Who We Are and What We Do

Child Care Aware® of America (CCAoA) is a non-profit organization that serves as our nation's leading voice for child care.

CCAoA works with more than 450 state and local Child Care Resource & Referral Agencies (CCR&Rs) across the country to help ensure that all families have access to quality, affordable child care.



## OUR WORK IS



Child-Centered



Family-Engaged



Community-Focused



Equity-Driven

# Child Care Resource & Referral Agencies

## Who they are

- There are more than 600 CCR&Rs across the country, staffed by professionals who provide a bridge between parents, providers, community leaders, and policymakers.
- Provide a voice for quality early childhood settings at the local, state and national level.

## What they do

- **Services for Families**
  - Help parents find child care
  - Support families to raise healthy children
- **Services for Providers**
  - Build the supply of child care
  - Improve the quality of child care
- **Services to Support Communities**
  - Document child care needs and trends
  - Engage partners
  - Tell the child care story

# Child Care Aware® of America COVID-19 Resources for Providers

## COVID-19 Risk among Child Care Providers

Read Yale University's study on the spread of COVID-19 among child care workers and explore supplemental resources from Child Care Aware® of America.

## Picking Up the Pieces: Building a Better Child Care System Post COVID-19

Long before COVID-19, the U.S. child care system was in trouble. Last year, Child Care Aware® of America explored that broken system in our report, *The U.S. and the High Price of Child Care*. We found it was:

- **Fragmented.** Each state has its own set of child care policies, and funding for child care comes from different sources with different requirements.
- **Inequitable.** Children of color and children from low-income families are less likely to attend high-quality child care programs.
- **Inaccessible.** For many families, high-quality child care is not an option. There are not enough child care providers to meet the demand, and providers are leaving the field in record numbers. This particularly affects families of color, families living in rural areas and children with special needs.
- **Underfunded.** The U.S. spends less than 0.5% of our GDP on child care – far less than most industrialized countries.

[Donate](#)[Assistance for Military/DoD Families](#)[English](#)[About](#) [Issues](#) [Families](#) [Providers](#) [CCR&Rs](#) [Events](#) [Resources](#) [Search](#)

### Coronavirus Hub

CCAoA is committed to helping families, child care programs and others prepare for and respond to the current crisis facing the nation.



#### Featured Sections



#### Coronavirus Resources

Find the tools you need to recover from and respond to coronavirus—whether you're a child care professional, family or policymaker. Our webinars and blog posts can help.



#### Emergency Child Care & Technical Assistance™

Child care providers, families and systems-level leaders can now receive free technical assistance and support from CCAoA during

#### CCR&R Search

Looking for child care? Your local CCR&R agency can help you find options near your home or work.

[Search Now](#)

#### State by State Resources

Find your state's resources for child care, financial assistance, health and social services and more.

[Select a State](#)

# Speak Up for Child Care

The end of the year is rapidly approaching. In January a new session of Congress will begin and a new administration will take over the White House. But the current Congress still has work to do before they adjourn – child care providers urgently need relief funding. Congress must pass a COVID-19 relief package that includes at least \$50B in dedicated funding for child care. This support is essential to ensuring families and programs have the resources they need to respond to the pandemic, which is currently worsening in communities across the country. Contact your members of Congress now.

<https://www.childcareaware.org/our-issues/advocacy/take-action/speak-up-child-care/>

**For months, families and child care providers have been calling on Congress to pass emergency COVID-19 relief that includes at least \$50 billion in dedicated funding for the child care sector.**

Regional  
Common  
Operating  
Picture (COP)

## **Dan Manley**

- Asst. Fire Chief Paramedic, Lee's Summit Fire Department
- Missouri MACS Chief





- Jovanna Rohs, PhD., Director of Early Learning, MARC

Regional  
Landscape:  
Early Care and  
Education



# Head Start

The MARC Head Start Network asks you to “Do the 5!”

## 1. Hands

Wash them often  
with soap **and**  
water for  
20 seconds.

## 2. Elbow

Cough and sneeze  
into **your** elbow.

## 3. Face

Avoid touching your  
eyes, nose  
**and** mouth.

## 4. Feet

Stay 6 feet apart to  
practice social  
distancing.


## 5. Feel

**Feeling** sick?  
Stay at home.

Help stop the spread of COVID-19.

# Stay Vigilant






## COVID-19 Testing Overview

### Dr. Sharon White – Lewis

- MRCKC Unit Coordinator
- What are the different types of COVID-19 tests and what do they mean?
  - **Diagnostic tests** and **Antibody tests**
- How does testing affect my program and or school?



## COVID-19 Testing Overview

### Diagnostic tests

- A **diagnostic test** shows:
  - If you have an active coronavirus infection and
  - If positive you should take steps to quarantine or isolate.
- Two types of diagnostic tests–
  - **molecular** tests detect the virus's genetic material
  - **antigen** tests detect specific proteins from the virus



## Covid Testing Overview


### Antibody tests

- An **antibody test** looks for antibodies made by your immune system in response to a specific virus.
  - Antibodies help fight infections.
  - Antibodies take several days or weeks to develop
  - May stay in your blood for several weeks or more
  - Antibody tests should not be used to diagnose COVID-19.
  - We do not know if antibodies means you are immune to COVID-19 in the future.



## Covid Testing Overview

- Tests are based on their sensitivity and specificity.
  - Sensitivity is how many positive cases the test correctly identifies as positive
  - test's specificity is how many negative cases the test correctly identifies as negative.
- Highly sensitive tests have a low false negative rate but run a risk of false positives if the specificity is low.



## COVID-19 Testing Overview

- Molecular tests detect the genetic material inside a virus.
- Antigen test detects specific proteins from a virus.
- Antigen tests are lower cost than molecular tests.



	MOLECULAR TEST	ANTIGEN TEST
<b>Detects</b>	Viral genetic material, through multiple amplification cycles in PCR testing	Protein(s) from a virus particle
<b>Sample type</b>	Nasal swab, nasopharyngeal swab, mid-turbinate swab, respiratory aspirate/lavage, or saliva sample, depending on the test	Nasal swab or nasopharyngeal swab, depending on the test
<b>Laboratory or point-of-care</b>	Most tests are authorized for use in laboratories, with certain laboratory tests authorized for a patient's sample to be collected at home and then mailed to the laboratory for analysis. A few tests are authorized for use at the point-of-care.	As of October 2020, all currently-authorized tests are for use at the point-of-care.
<b>Turnaround time</b>	Several hours to days for laboratory tests; less than an hour for point-of-care tests	Less than an hour
<b>Sensitivity and specificity</b>	Highly sensitive (especially laboratory PCR tests) and highly specific	Highly specific, but generally less sensitive than molecular tests

## **Breakout: Jurisdiction specific discussions**

- The meeting will close at 8PM following the breakout groups and we will not join back together as a large group.
- As the COVID-19 situation continues to evolve many questions remain unanswered and may still during these ongoing discussions tonight.
- As a gentle reminder, many early care and education providers are experiencing different challenges. Please be considerate of others comments and questions.

**Breakout:  
Jurisdiction  
specific  
discussions –  
Kansas**

- Johnson County/ Miami County – Eldonna Chesnut
- Johnson County/ Miami County – Roxanne Hess
- Leavenworth County – Sharon Walker???
- Wyandotte County – Lori Lanter

# **Breakout: Jurisdiction specific discussions – Missouri**

- Cass County Health Department – TFC Staff
- Clay County Health Department – TFC Staff
- Eastern Jackson County – Mary Anna Henggeler
- Kansas City, Missouri Health Department – Lisa Hubbert
- Platte County Health Department – Stacy Benninghoff



## Breakout: Jurisdiction specific discussions



1. Guidelines and Ideas for Holiday traditions
2. Guidelines around testing for Children and Adults
3. Communication with families and with staff
4. Q&A